# HEALTHY P A R K Healthy Y O U

#### How to use the TRAIL EMERGENCY **ACCESS SYSTEM** (TEAS)

- Locate an emergency sign on the trail, marked with a red dot on the map below.
- DIAL 911
- Give the responder the coordinates that are on the sign, ex. XG9370-0028 or the Trail Marker number on the yellow sticker at the top, ex. 1.
- STAY WHERE YOU ARE. Rescuers will look for you at this site.

For more information, visit www.scottcountyiowa.com/conservation

Trail Marker IN CASE OF **EMERGENCY** CALL 911 TO REPORT THIS LOCATION XG 9 3 0 0 0 2 8

WALK, BIKE, SWIM, PADDLE OR PLAY!

West Lake Park offers endless opportunities to be active in the great outdoors.

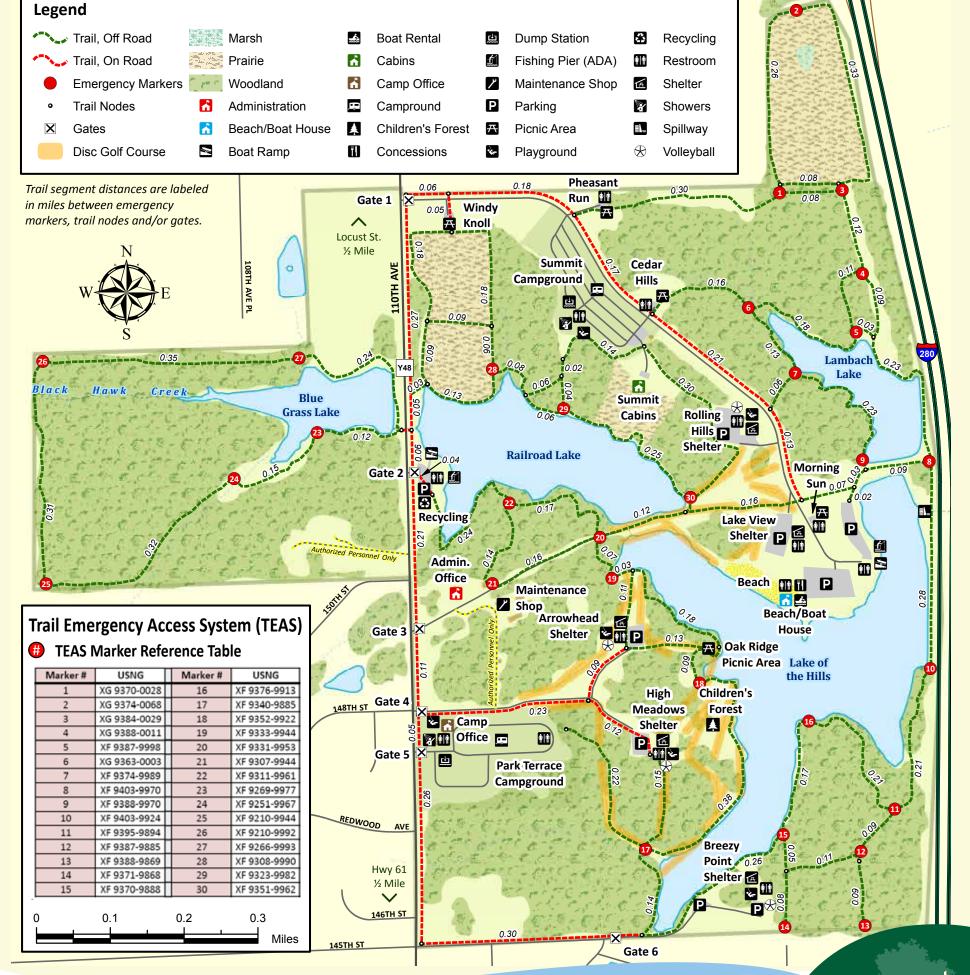
Physical activity is so important for improving your health and preventing obesity, high blood pressure, heart disease, cancer and diabetes. All it takes is 30 minutes, 5 days a week!

And outdoor activity provides a unique opportunity for relaxation, fresh air and access to nature. The best part - most activities are FREE at West Lake Park!

- Use the trail map in this brochure to customize your own walking or biking route
- Bring your canoe or kayak and test out the waters
- Remember what it's like to be a kid at the playground
- Swim at the beach
- Test your skills at the volleyball courts or disc golf course around the park

In accordance with the Iowa Smokefree Act, tobacco usage is prohibited in the parks except at individual campsites or on the golf course.

am physically active 30-60 minutes most days



The Children's Forest is an educational tool for youngsters, however interesting for adults too. Visit our website for a Forest Identification Guide. CATE 4 CHILDREN'S FOREST eienation changes, water nazaras, and usually tricky winds challenging **GATE 4** DISC GOLF COURSE 24 holes and 11,056 ft. in length, the course has considerable distance, Memorial Day thru Labor Day available. Padale boat, kayak and fishing boat rentals - bait available **GATE 1 BOATHOUSE** Large deck with shaded tables overlooking Lake of the Hills, concessions Sand beach with shade areas, large swimming area, lifeguards on duty, large variety of concessions, beach chairs available. Memorial Day thru Labor Day GATE ] **BEACH** AREAS OF INTEREST prochure available. **SUMMIT CABINS GATE 1** 2 luxury cabins - accommodates up to eight people each. Separate playground, dump station. **GATE 1 TIMMUS** 48 electric and water sites only (50 amp). Showers, restroom, Open year-round. All full service sites -  $50~\mathrm{amp}$  service. I3 non-electric tent sites. Showers, restroom, playground, dump station. **PARK TERRACE** GATE 5 **WEST LAKE PARK CAMPING AREAS & CABINS** Forest suitable for a small group or family picnic. NOTE: Inside of Gate 4 there are grills & tables between High Meadows and the Children's area, extends from the parking lot to the lake. Good for a small group **OYK BIDGE** NOTE: Inside of Gate 1 there are many other open areas throughout the park with grills and tables available in areas around the lake designated for single family and small group usage. accommodates 50 maximum. Grills & picnic tables, Non-modern restroom. **CATE 1 WORNING SUN** Last designated area at Gate 1. Split into a north & south side Hills Shelter & adjacent areas. Grills & picnic tables available. ROLLING HILLS SOUTH GATE 1 Unlisted area south of entrance to Rolling Hills, overflow area for Rolling ou maximum. Grills & picnic tables, Non-modern restroom **CATE 1 CEDAR HILL** Next picnic area after Pheasant Run. Accommodates group picnics 50 maximum. Grills & picnic tables, Non-modern restroom. PHEASANT RUN **GATE 1** Next roadside area from Windy Knoll. Accommodates group picnics Designed for single family or small group use. No restroom facilities. **CATE 1** MINDY KNOLL First area inside the gate. Small roadside area with grills & picnic tables. **WEST LAKE PARK PICNIC AREAS** Accommodates 100 individual play equipment, swings, grills. GATE 6 BREEZY POINT ivon-modern restroom, electricity, norsesnoe court, volleyball court, Accommodates 100 modular play equipment, grills. **CATE 4 HICH WEADOWS** Modern restrooms with water, electricity, horseshoe court, volleyball court, Accommodates 100 leyball court, modular play equipment, grills. CAIE 4 **ARROWHEAD** Non-modern restroom, electricity, water available, horseshoe court, vol-Accommodates 200 Modern restrooms with water, electricity, modular play equipment, grills. **CATE 1 LAKEVIEW** Accommodates 200 modular play equipment, handicapped swings, regular swings, grills. **BOLLING HILLS** Modern restrooms with water, electricity, horseshoe courts, volleyball court, Available for rental from mid-April through mid-October

**WEST LAKE PARK SHELTERS** 

#### Separate brochure available.

- Each cabin comfortably sleeps 8.
  - Z rental cabins.

#### **LUXURY CABINS:**

■ To make reservations call the campground office at (563) 328-3281 ext. Tor reserve online at www.scottcountyiowa.com/conservation.

clean-up deposit.

- All groups over 20 people are required to a group shelter usage fee and provide
- Able to be reserved up to one year in
- family picnics.

  Available for use mid-April to mid-October.
- 5 reservable shelters ideal for company or

#### **SHELTERS:**

- park system.MOTE: All park gates are locked and no visitors allowed after 10:30 P.M.
- presents and can be used anywhere in the
- Concessions and firewood available for sale.
   Giff Cards for sale they make great
- resident discounts available.
- Senior citizen (62 and over) and County
- Campground Hosts are located at each campground to assist you.
- Please have your site number and identification with you when you register.
- All campground sites are on a first-come, first serve basis - we do not take reservations.
  - Park Terrace Campground is open year round with modern shower house and restroom available.
- Registration & information office is located at Gate 5 on 1 10th Ave. Open late April through mid-October.

#### **CAMPING:**







## CAMPGROUND & SHELTER Information

### Boating & Fishing RULES & REGULATIONS





- Watercraft limited to Coast Guard approved vessels.
- Each watercraft must be equipped with a coast guard approved flotation device for each passenger.
- Electric motors are allowed on the lakes. NO OUTBOARD MOTORS.
- No tubes or flotation devices allowed.
- Windsurfing craft are strictly prohibited.
- No swimming allowed except in designated areas.
- Minnows allowed in LAKE OF THE HILLS ONLY.
- 15 in. size limit on bass.
- ADA accessible fishing docks located at Gate 1 and at Gate 2.
- No boats shall be left in the water overnight.
- No watercraft within 150 ft. of beach swimming area when buoys are in place.

ALL FEDERAL AND STATE LAWS & IOWA DEPT OF NATURAL RESOURCES REGULATIONS APPLY IN OUR PARKS

Complete list of rules and regulations available at the campground office. Rules are also posted at entrance kiosks and on our website at: www.scottcountyjowa.com/conservation/rules

### THE PERFECT PLACE FOR ANY Outdoor ACTIVITY

West Lake Park is a 620 acre multi-use recreation area offering a variety of unique outdoor experiences. The park features:

- 4 lakes (two providing boat ramps and handicap accessible fishing docks)
- Two modern campgrounds offering everything from non-electric to full-hookups with sewer.
- Natural trails for those interested in hiking, biking, or just enjoying nature.
- A 24-hole championship caliber disc golf course.
- Luxury cabin rentals





West Lake Park is located west of I-280 off of US 61 for easy access from anywhere in the Quad Cities.

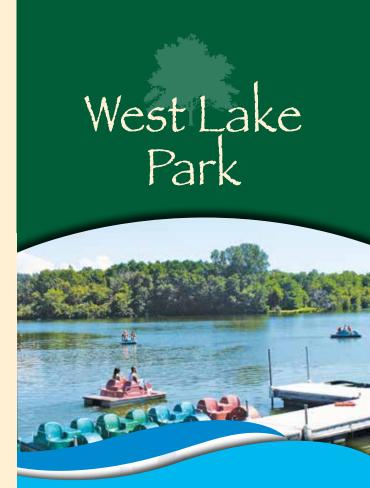
Our staff is dedicated to bringing you a quality parks and recreation experience in addition to helping make Scott County a great place to live, vacation, and especially to get out and play!







The Scott County Conservation Board in the provision of services and facilities to the public does not discriminate against anyone on the basis of race, color, sex, creed, national origin, age or handicap. If any believe he or she has been subjected to such discrimination, he or she may file a complaint alleging discrimination, with either the Scott County Conservation Board or the office of Equal Opportunity, US Dept. of Interior, Washington, D.C. 20240.



Summer Hours: 6:00 A.M. - 10:30 P.M.
Winter Hours: 7:00 A.M. - Dusk
(Note: After Hours All Entrance Gates Are Locked)

14910-110th Ave, Davenport, IA 52804



Board Headquarters 563-328-3280
Scott County Park 563-328-3282
West Lake Park 563-328-3281
Ruffalo Shores Park 563-328-3281

Buffalo Shores Park 563-328-3281

conservation@scottcountyiowa.com

Visit our Website at:
www.scottcountyiowa.com/conservation

Like us on Facebook at:
www.facebook.com/scottcountyconservation